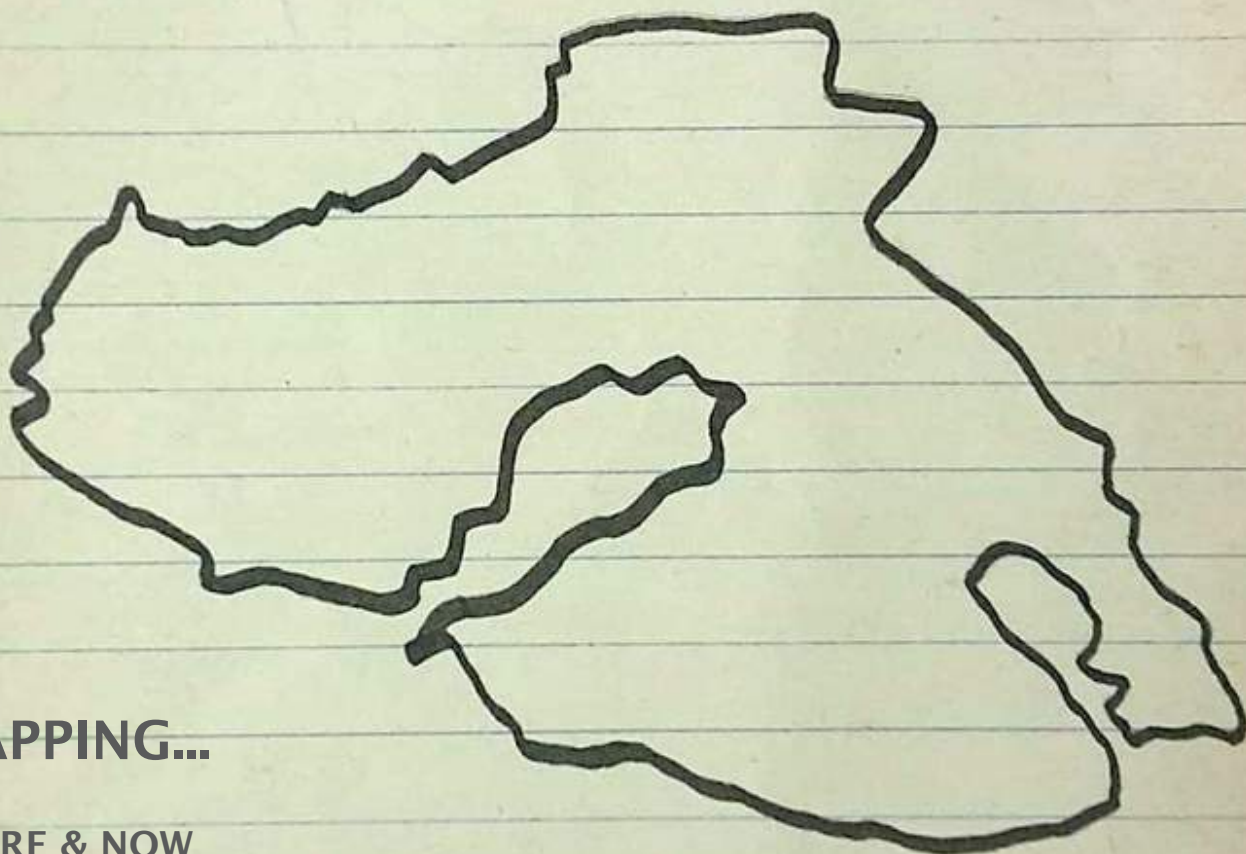


Vol. 4

TROS

THE ROUTE OF SOLIDARITY

MAPPING THE ISLAND OF LESVOS



MAPPING...

...HERE & NOW

...THE REALITY

...THE ROUTES

...OURSELVES & 'ACTIVISM'

...NOW TOWARDS THE FUTURE

LESVOS, GREECE



Co-funded by the
European Union Programme
of the European Union

23.-29.5.18

Lesvos & populations' movements

Lesvos is the third biggest island of Greece, lying in the Northern Aegean Sea, only 4.1 (1) to 8 miles from the Turkish coast. The Aegean, as the easternmost external border of the European Union, has long experienced population movements (2). The island's shores have been receiving refugees for decades and especially after the 1919-22 Greek-Turkish War, the island have integrated thousands of Anatolian Greek refugees who were forcibly displaced from Asia Minor (Turkish coastal region).

When it comes to the ongoing refugee flows, Lesvos -among other Eastern Greek islands- has been on the forefront of the so called 'refugee crisis'. Lesvos has received more than half of the refugees and migrants who entered the European Union during 2015 and has emerged as the geographic focal point of the largest population movement in Europe since the end of the Second World War (2). As a result, the Aegean islands became the frontline of a great -so called- 'humanitarian crisis'. From landing beaches staffed mainly by volunteers to the registration centers and transit camps run by professional aid organizations, the needs and pressures visited upon both asylum seekers and responders in Lesvos have born significant lessons for aid providers and policymakers along the migration routes in the Balkans and across Central Europe (3).

In addition, Lesvos has been transformed, at once, into a place of concentration and detention; a "hot-spot". On October 2015, the European Union established a hot-spot screening center and registration site in Moria, and the following week opened a registration site for Syrians in Kara Tepe (4). At the same time, Lesvos has been a space where international political activism has flourished alongside local social ventures and resistances, like ie. for the case of the 'Moria 35' (5).

In sum, refugee and migrants movements have been undoubtedly contributing to Lesvos's process of transformation. The island nowadays provide the locus where various realities unravel and multiple groups of people meet and interact -either coexisting or colliding; refugees of different backgrounds and reactions -from adapting to more protesting ones; locals who are bringing along diverse political views and behaviors -sometimes hostile (5) & others in a symbiotic way with the 'newcomers'. Last but not least, part of the same 'mosaic' are the NGO staff and volunteers who bring their own cultural background & above all, the activists from all around the world who contribute with their actions of solidarity. The relationships among all the aforementioned constitutes a key impetus for the organisation of the 4th TROS meeting in Lesvos!

(1) <https://www.nytimes.com/2016/09/28/opinion/4-1-miles.html>

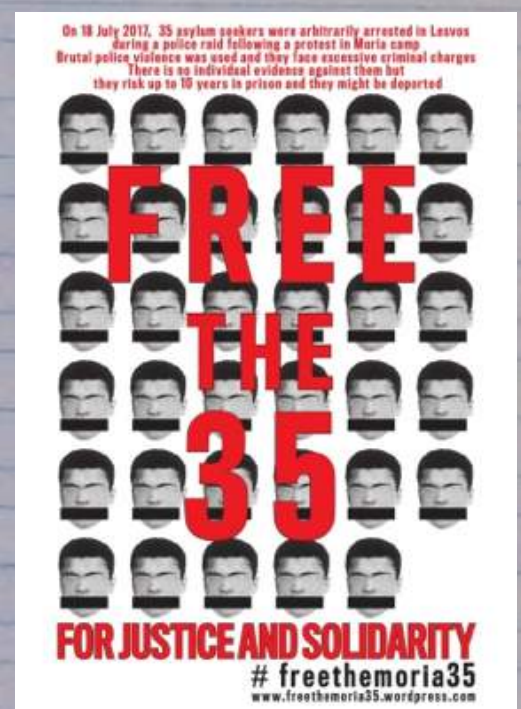
(2) <https://refugeeobservatory.aegean.gr/>

(3) <https://www.migrationpolicy.org/article/refugee-flows-lesvos-evolution-humanitarian-response>

(4) more details, in the 'Moria's hot-spot' & 'Kara Tepe' descriptions in the brochure.

(5) The case of the Moria 35 is about 35 Africans arrested by the Greek Authorities in July 2017 after clashes in Moria RIC. As the trial of the case was about to start on Friday 20 Apr. 2018 in Chios, a campaign has been launched by Greek and International collectivities and organizations for the support of the 35 migrants from Africa. On Saturday 14th of April a demonstration took place in Athens, and on Tuesday 17th of April, a demonstration took place in Mytilene. Also, a documentary on the case has been released recently. <https://refugeeobservatory.aegean.gr/en/observatory-news-bulletin-moria-35-case-update-end-trial>

(6) Like the recent far right-wing behaviors & violence against migrants & refugees. The violent rally against asylum seekers that took place on the night of 22 April 2018 in Mytilene, Lesvos, was joined by significant numbers of far-right protesters and bore the characteristics of a planned attack. The rally not only manifested extreme xenophobic violence, but also exhibited the toleration of such violence among various strata of local society. In this capacity, its implications extend beyond the confines of local society, to acquire broader ramifications. <https://refugeeobservatory.aegean.gr/en/observatory-news-bulletin-events-22nd-april-sappho-sq-mytilene-updated-08>



The Route Of Solidarity (T.R.O.S.):



Citizens pathways toward an inclusive Europe

The aim of the TROS project is to support and enlarge the number of active citizens fostering inclusion and mutual understanding with migrants and refugees in the European society.

The project's specific objectives are: i) to develop an international network of people active in the field of solidarity and social inclusion with migrants and refugees; ii) to strengthen the knowledge on EU migration policies and on the situation in border countries; iii) to exchange best practices developed at grassroot levels by citizens; iv) to analyze the new forms of active citizenship collecting opinions from the protagonists in the field of migration; v) to build a counter-narrative on refugees and migrants by giving visibility to the stories and the concrete solidarity initiatives developed by the European citizens and; vi) to debate the EU migration policies developing messages to deliver to the EU decision makers.

Project partners & Contacts:

APDHA_Asociacion Pro Derechos Humanos de Andalucia (SP), www.apdha.org,

Caterina Amicuccu-Project Coordinator, solidarityroute@apdha.org

UPP_Un Ponte Per...(IT), <https://www.unponteper.it>

Eleonora Scarpelli, scarpelli.eleonora1@gmail.com Giuliana Visco

giuliana.visco@unponteper.it

PANK_Platforma Aktivnih Nezavisnih Kreativaca (PANK) (CRO)

Iva Brajkovic, ivaev41@gmail.com

ANTIGONE - Information and Documentation Centre on Racism, Ecology, Peace and Non

Violence (GR), <http://www.antigone.gr/gr/>

Naya Tselepi, naya.tselepi@antigone.gr

ANTIGONE

"ANTIGONE - Information and Documentation Centre on Racism, Ecology, Peace and Non Violence" is a non-governmental and non-profit organization established in 1993 in Thessaloniki, Greece. The primary aim of the organization is to improve the living conditions of various vulnerable social groups.

"ANTIGONE" implements a series of actions that include awareness-raising activities, anti-discrimination events, training seminars, inter-cultural dialogue workshops, non-formal education activities, vocational trainings etc. What is more, "ANTIGONE" works on a large number of research projects, in collaboration with both national and European partners, being the official Greek partner of the European Agency for Fundamental Rights, as well as of the "European Network of Legal Experts in the non-discrimination field".

The organization holds Round Table Discussions on an annual basis, with the participation of government representatives, academics and NGO staff, while it also maintains and updates an electronic library on migration-related issues.

"ANTIGONE" has taken up numerous projects regarding migrants' and refugees' rights throughout the years, involving both its staff and numerous volunteers in their materialization. Currently, "ANTIGONE" is providing the newly-arrived refugees and the volunteers with psychological support and is carrying out a series of recreational activities, aiming to support the social life of refugees living in Diavata Camp. At the same time, "ANTIGONE" is also organizing socio-cultural events in an effort to promote the social dialogue between the local community and the refugees. In addition, it has developed the www.123help.gr internet platform in both English and Arabic. Last but not least, "ANTIGONE" is the Greek partner of a six-year long transnational project that aims to measure and improve the integration of beneficiaries of international protection.

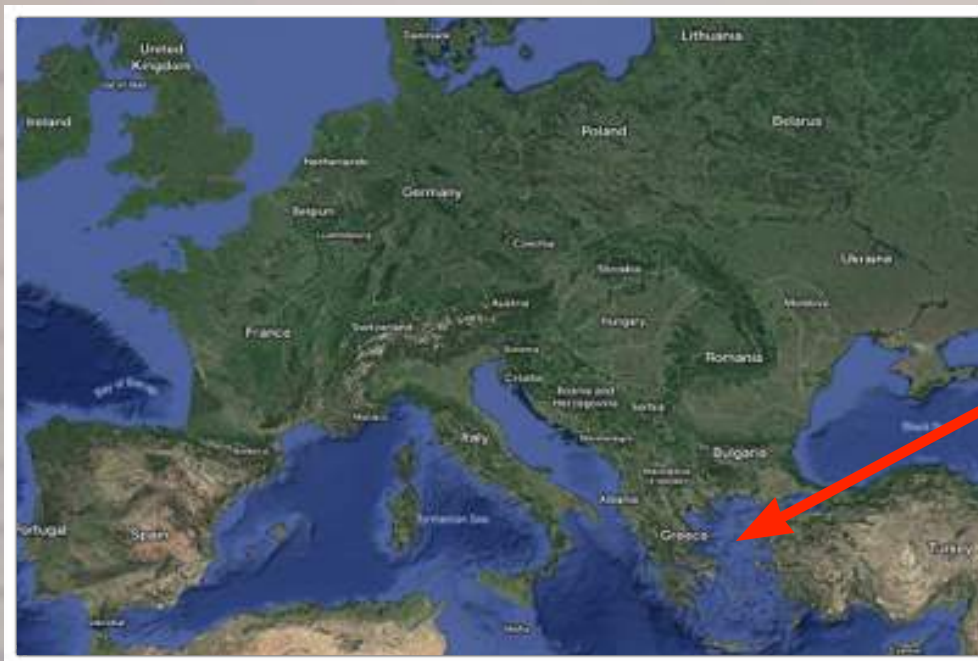
Contact:

Address: 29 A Ptolemaion Str, 54 630, Tel.: +30-2310-285.688

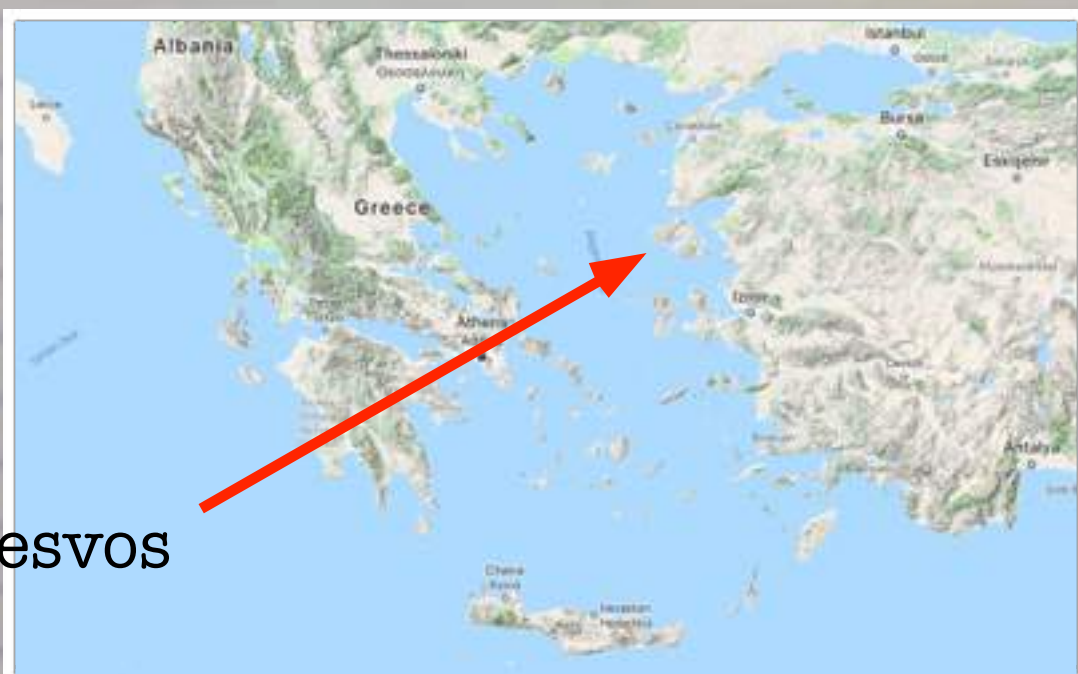
Website: <http://www.antigone.gr/en/home/> E-mail: info@antigone.gr

Skype: [antigone.information.centre](https://www.skype.com/name/antigone.information.centre)

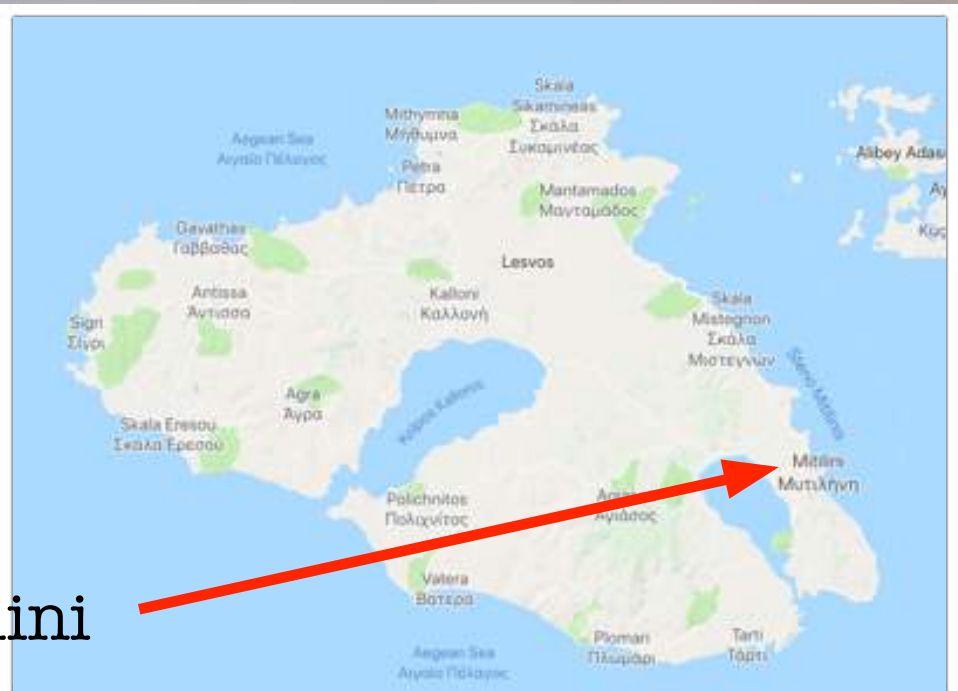




Greece



Lesvos



Mytilini



VISIT / PRESENTATION

Visits and presentations of organisations & projects all over the island are planned



DISCUSSION /

WORKSHOP

Discussions & workshops will help us share our experience, find best practises & support our networking



TRAVEL

We will travel in Lesvos to see as much of the island as possible. Bus transfers are organised, too...



MEALS

Breakfast is provided every morning in Hotel Orfeas. Coffee break, lunch and dinner will be provided in different (activist) places



LEISURE

Free time is necessary in order to discover Mytilini, relax & reflect alone and/or with others

Agenda

4th TROS meeting in Lesvos / Greece

Wednesday, 23/05	Arrival day & Welcome dinner in 'NaN', 21:00
Thursday, 24/05	Mapping 'here & now'. TROS in Lesvos
Friday, 25/05	Mapping the reality. Common living & 'Integration'?
Saturday, 26/05	Mapping the routes
Sunday, 27/05	Mapping ourselves & 'activism'
Monday, 28/05	Mapping 'now' towards the future
Tuesday, 29/05	Departure day



Thanks & ευχαριστούμε
to all collaborating organisations & individuals...

Lesvos Solidarity & MOSAIK

& special thanks to:

Ilias Pistikos

Efi Latsoudi

Lena Altinoglou

Kostas Korozis

Elisavet Stavrianoudaki

Erika Razzaque

Thanasis Voulgarakis

Carmen Dupont

& so many others...!

Mikros Dounias

& special thanks to:

Vato Frantzoglou

Collabortative Restaurant 'NaN'

& special thanks to:

Lena Altinoglou

Better Day for Moria

Joel Hernandez

**'One Happy Family' Community
Centre**

& special thanks to:

Rike Bittermann

Kara Tepe Camp

Stavros Myrogiannis

& Ms. Zoubouli

**'Janus' Legacy, Refugee Passage
to Europe' documentary**

Dimitris Papageorgiou, director

Alexandros Spathis,

co-director & editor

Ioannis Iliadis, researcher

We also thank...

Christy Petropoulou, Assistant
Professor, University of the Aegean,
Lesvos

Sali Nabim, Afghan activist &
Researcher, York University,
Toronto, Canada

Pafsanias Karathanassis, PhD &
Coordinator of the 'Observatory
of the Refugee and Migration crisis
in the Aegean'

Eleni Velivassaki, Lawyer

Lena & Thanasis Marmarinos,
local activists in Sykamia

Dionysis Pavlou, local activist
in Molyvos

Melinda McRostie, local activist
in Molyvos

Despina Stamataki, social worker
in Moria camp.

.....

'Observatory of the Refugee and
Migration crisis in the Aegean'

Paris Molyviatis, vice-president of
Urban Public Transport of Mytilene

Collaborative Cafenio 'π'

Cafenio 'Bobiras'

TROS in Mytilini & surroundings



One Happy Family
Community center



Kara Tepe Camp

36

Mytilini



NAN
Cooperative
Restaurant



Pikpa
Lesvos Solidarity

Mikros dounias

Mytilene
International Airport



Loutra
Λουτρά

Skala Loutron
Σκάλα
Λουτρών

Perama
Πέραμα

Charamida
Χαραμίδα

Agrilia
Κρατήγου

Thursday, 24/05



MAPPING HERE AND NOW

TROS in LESVOS

08:40-09:00	Bus from the city centre to PIKPA
09:15-10:00	Where do we start from? Welcome & introduction for TROS & Lesvos meeting (Naya Tselepi_ANTIGONE)
10:00-11:30	Who we are? Ice breaking & getting to know each other (Verena Fink & Falia Koliva_ANTIGONE)
11:30-11:45	Coffee break in PIKPA
11:45-13:15	Where are we now? Lesvos reality for migrants & refugees in recent years (Ilias Pistikos_Lesvos Solidarity)
13:15-14:15	"Lesvos solidarity": Visit & presentation of activities (Efi Latsoudi_Lesvos Solidarity)
14:15-15:45	Lunch in Lesvos Solidarity
16:00-17:00	Free time
17:00-18:30	From reception to integration: Greek legal system (Vera Karanika_ANTIGONE & Eleni Velivassaki_Lawyer)
18:30-20:30	Mikros Dounias: presentation of initiative & workshop (Vato Frantzoglou_Mikros Dounias)
20:30-21:00	Bus to the city center
21:00-22:30	Collaborative Cafenio 'π'



Lesvos Solidarity

Lesvos Solidarity's mission is to provide community-based solidarity spaces in which we:

- give dignified shelter and support to people in need
- promote integration by developing skills and knowledge, creating job opportunities and connecting with local society

Our vision is to inspire society and to expand our solidarity model which promotes equality, trust, respect for each other and for the environment, creativity, empowerment and active participation.

Lesvos Solidarity formally registered as an NGO in April 2016 but the story started back in 2012 when a group of volunteers and local NGOs started hosting refugees in the site of "PIKPA", an abandoned summer camp for children in Mytilini belonging to the state. Since then Lesvos Solidarity - Pikpa camp has developed into an independent, open refugee camp for the most vulnerable refugees in Lesvos. By now, over 30.000 refugees have been hosted in Pikpa camp. Moreover, actions have extended beyond Pikpa camp's gates, both for locals in need and for refugees. This includes distribution of food and non-food items, support with boatlandings, solidarity actions and public awareness raising with and for refugees and locals.



www.lesvossolidarity.org

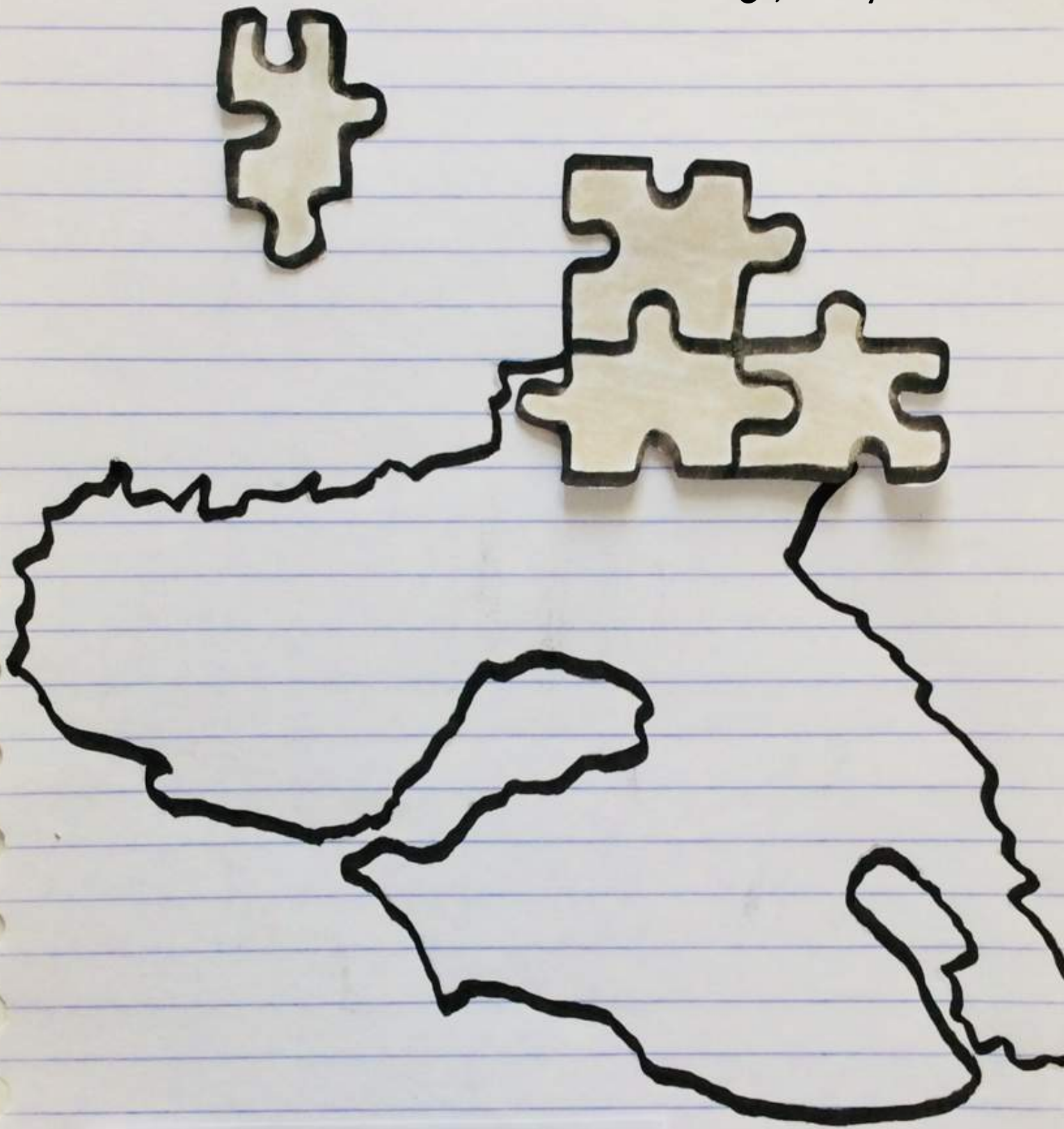
Mikros Dounias



www.mikrosdounias.eu

Mikros Dounias is an educational project on the Greek island of Lesvos. Every day, local and refugee children of early childhood age play and learn together in the small forest of the open refugee camp of Lesvos Solidarity. We, the parents, the educators and the children of Mikros Dounias, organise our learning processes collectively, beyond any form of discrimination. We respect the rhythm, the needs and desires of each person, by encouraging freedom of choice and self-regulation. Outdoor learning brings us close to the creatures and the elements of nature, reinforcing our relations to everything around us.

Friday, 25/05



MAPPING THE REALITY

common living & "integration"?

- 09:00-10:00 **Visit to MOSAIK** / presentation of activities
(Kostas Korozis_MOSAIK)
- 10:00-10:30 **Social & solidarity economy I:**
Safe Passage Bags Upcycling workshop
(Elisavet Stavrianoudaki_MOSAIK)
- 10:30-12:00 **Social & solidarity economy II:**
Crowdfunding good practises (presentation & discussion)
(Erika Razzaque_MOSAIK)
- 12:00-13:00 *Interactive coffee break in MOSAIK*
- 13:00-14:00 **Social & solidarity economy III:**
Presentation of the collaborative restaurant NaN
- 14:00-15:30 Lunch in NaN
- 16:00-17:30 **Regularisation of exception situation in EU border policies:**
Hot spot stigmatisation versus common & solidarity
(Christy Petropolou_Ass.Prof.,Univ.of the Aegean &
Sali Nabim_Afghan activist & researcher, York Univ.,Toronto)
- 17:30-19:00 **Activism & slogan on Lesbos walls, Presentation**
(Pafsanias Karathanassis_PhD & Coordinator of the
'Observatory of the Refugee and Migration crisis in the Aegean')
- 19:00-21:00 **Integration in everyday life: a reality or a myth?**
Open discussion
- 21:00-21:30 Buffet in MOSAIK
- 21:30-23:00 **'Janus legacy: Refugee Passage to Europe'**
Documentary film & discussion with the film makers



'Janus Legacy:
Refugee passage
to Europe'
www.januslegacy.gr

MOSAIK



www.lesvosmosaik.org

In July 2016, we (the Lesvos Solidarity team) started our Mosaik Support Centre in collaboration with Borderline Europe, in response to the need for sustainable support structures for refugees and locals after the entry into force of the EU-Turkey deal. Mosaik offers a range of activities and courses for refugees and locals in the center of Mytilini. 800 people from over 20 countries regularly attend.

Safe passage bags workshop



<https://www.facebook.com/SafePassageBags/>

Our integration and vocational projects include our Safe Passage Bags workshop where refugees and locals are employed and create bags out of lifejackets left on the shorelines in Lesvos. In our Humade Crafts upcycling workshop we make beautiful creations out of discarded materials.

We are also working hard to start up a community clinic in our Asklipios building in the centre of Mytilini.

NaN cooperative restaurant

Nan is a café-restaurant in Mytiline, which was founded by four women with the aim of working together to find solutions to benefit both refugees and local people. At Nan we aim to provide an environment and diverse cuisine, where different cultures can meet, integrate and communicate. In some cases refugees are still seen in a negative light. This is a serious and sometimes contentious issue, which we will endeavour to address.

After the EU/Turkey agreement the situation in Lesvos has changed. A new approach is needed to deal with a refugee population that now finds itself trapped on the island.

Fewer refugees are moved on so those that remain must reassess the way they see their future. This is why integration and co-existence has become the focal point and core philosophy of our project. All our actions are centred on adding quality to the lives of refugees and the local community.

At the same time we are trying to develop environmentally friendly solutions. Food that is left over will be distributed to those refugees and local people who are in great need. All the tables in the restaurant have been made from discarded pallets by refugees, and all the other furniture is second hand.

One of our priorities is not only to support the local economy by using local products but by supporting fair trade producers in Greece and other parts of the world.



<https://www.facebook.com/pg/NAN-Eστιατοριο-218048602076234/posts/>

Saturday, 26/05



MAPPING THE ROUTES

09:00-09:30	Mapping the LandRoute I: travel to the outsides of Moria
09:30-10:30	Mapping the 'hot-spot': presentation of the Moria Camp (Thanassis Voulgarakis & Carmen Dupont_Lesvos Solidarity/ Despina Stamataki_social worker in Moria/ Joel Hernandez_Better Days 4 Moria & refugees from Moria)
10:30-12:00	Mapping the LandRoute II: travel from Moria to Sikamia
12:00-12:30	Coffee break in 'Platanos', Sikamia
12:30-14:30	Activism & solidarity in Lesvos: experiences from Sikamia (Lena & Thanassis Marmarinos_local activists/ Thanassis Voulgarakis_Lesvos Solidarity
14:30-16:00	Lunch at 'Mouria' in Sikamia
16:00-17:00	Mapping the LandRoute III: travel from Sikamia to Molyvos
17:00-18:00	Visit to the 'life saver' pile in Molyvos (Dionysis Pavlou_local activist)
18:00-20:00	Activism, solidarity & local reactions in Lesvos: experiences from Molyvos (Melinda McRostie & Dionysis Pavlou, local activists)
20:00-21:00	Dinner in 'activist' taverna in Molyvos
21:30-22:30	Return to Mytilini



Moria



Moria is the name of a village in eastern Lesbos just 7,5 km from Mytilene. Since 2015, when the European Agenda on Migration introduced the “hotspot” approach”, Moria’s hotspot was established where there was previously a first reception centre (FRC). Moria, as all hotspots, was initially designed to function as a Reception and Identification Center with a capacity to house up to 2,000 people for a short period of stay in order for people were identified, registered and fingerprinted.

In light of the EU-Turkey deal in March 2016 however, Moria has become a prime example of Europe’s new refugee policy of exclusion (1). Once a place of transit, Moria has now been transformed into an open-air accommodation-detention center for more than 5.000 refugees. This has led to serious problems such as lack of adequate water and sanitation facilities. Existing facilities are inaccessible to disabled people and for those who camp in tents outside of Moria, the situation is even harder.

On top of severe overcrowding and substandard living conditions, extremely lengthy asylum procedures as well as differential treatment of nationalities that can access the asylum procedure has also caused great frustration. Tensions have been widely reported, with riots and security incidents triggered by inter-ethnic tensions, sexual harassment, disputes over food, frustration about the prolonged waiting etc. (2) In fact, during the turbulent period of summer of 2016, clashes in Moria RIC resulted in fires in the camp and the arrest of 35 Africans by the Greek Authorities, a case also known as the 35 of Moria (3).

(1) Monitoring Moria, Sea Watch Org, <https://sea-watch.org/en/monitoring-moria/>

(2) The implementation of the hotspots in Italy and Greece, Aspasia Papadopoulou at the European Council for Refugees and Exiles,

(3) <https://www.ecre.org/wp-content/uploads/2016/12/HOTSPOTS-Report-5.12.2016..pdf>
<https://refugeeobservatory.aegean.gr/en/observatory-news-bulletin-moria-35-case-update-end-trial>

Sykamia - Molyvos

Skala Sikamineas - or Sykamia as the locals call it - and Molyvos are two of Lesbos’ localities lying on the Northern part of the island, that have both attracted international attention from summer 2015 due to the unprecedented migrant and refugee flows.



Although the local population comprises refugee’s identities of the recent Greek history - having integrated Greeks coming from Asia Minor after 1922- the attitudes and actions towards the refugees have varied, from hostility and exploitation to compassion and solidarity. In contrast to certain cases of overpricing products and services addressed to refugees, Sykamia’s fishermen have been going on impulsive sea rescue missions that quite often made the News. At the same time, Molyvos’ landscape has been “hosting” the distinct landfill that has been gradually formed by thousands of life jackets that were worn by those who got rescued.

Sykamia and Molyvos were subsequently turned from a fishermen and a touristic village, respectively, to places where multiple groups of people interact; locals who are bringing along diverse political views and behaviors; refugees of different backgrounds as well as activists, volunteers, NGO staff from all around the world - each and every one of them contributing to the emergent transcultural socio-scape of Lesbos.

North-East Lesvos

'Platanos', auto-organised
initiative in Sikamia



Mithymna
Μήθυμνα

Skala
Sikamineas
Σκάλα
Συκαμινέας

Molyvos



Mantamados
Μανταμάδος

Lesvos

Kalloni
Καλλονή

Skala
Mistegnon
Σκάλα
Μιστεγνών

Kolpos Kallonis

Polichnitos
Πολιχνίτος

Vatera
Βατερρά

Aegean Sea
Αιγαίο Πέλαγος

Agiasos
Αγιάσος

Plomari
Πλωμάρι

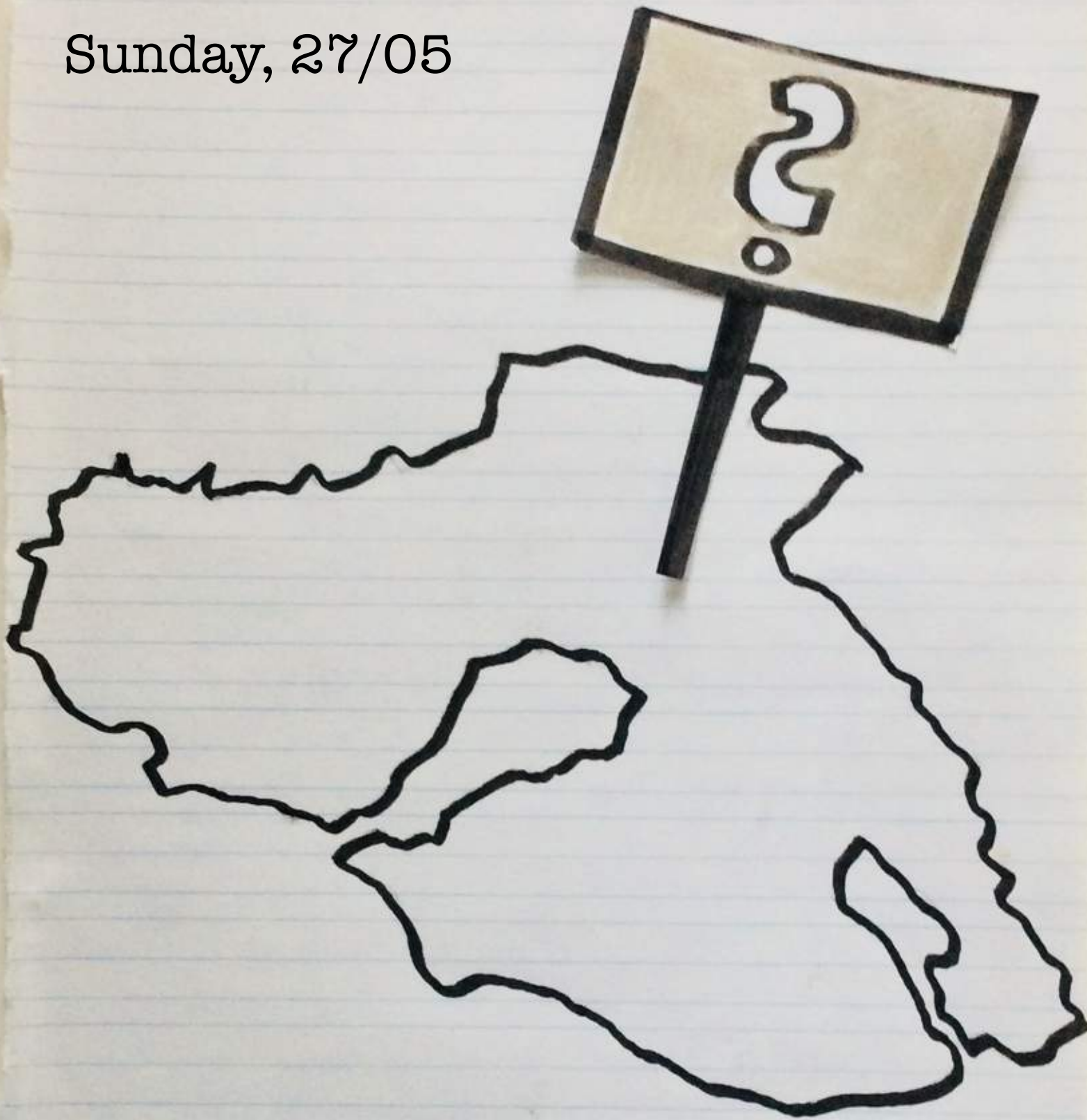
Camp of
Moria

Mytilini

Tarti
Τάρτι



Sunday, 27/05



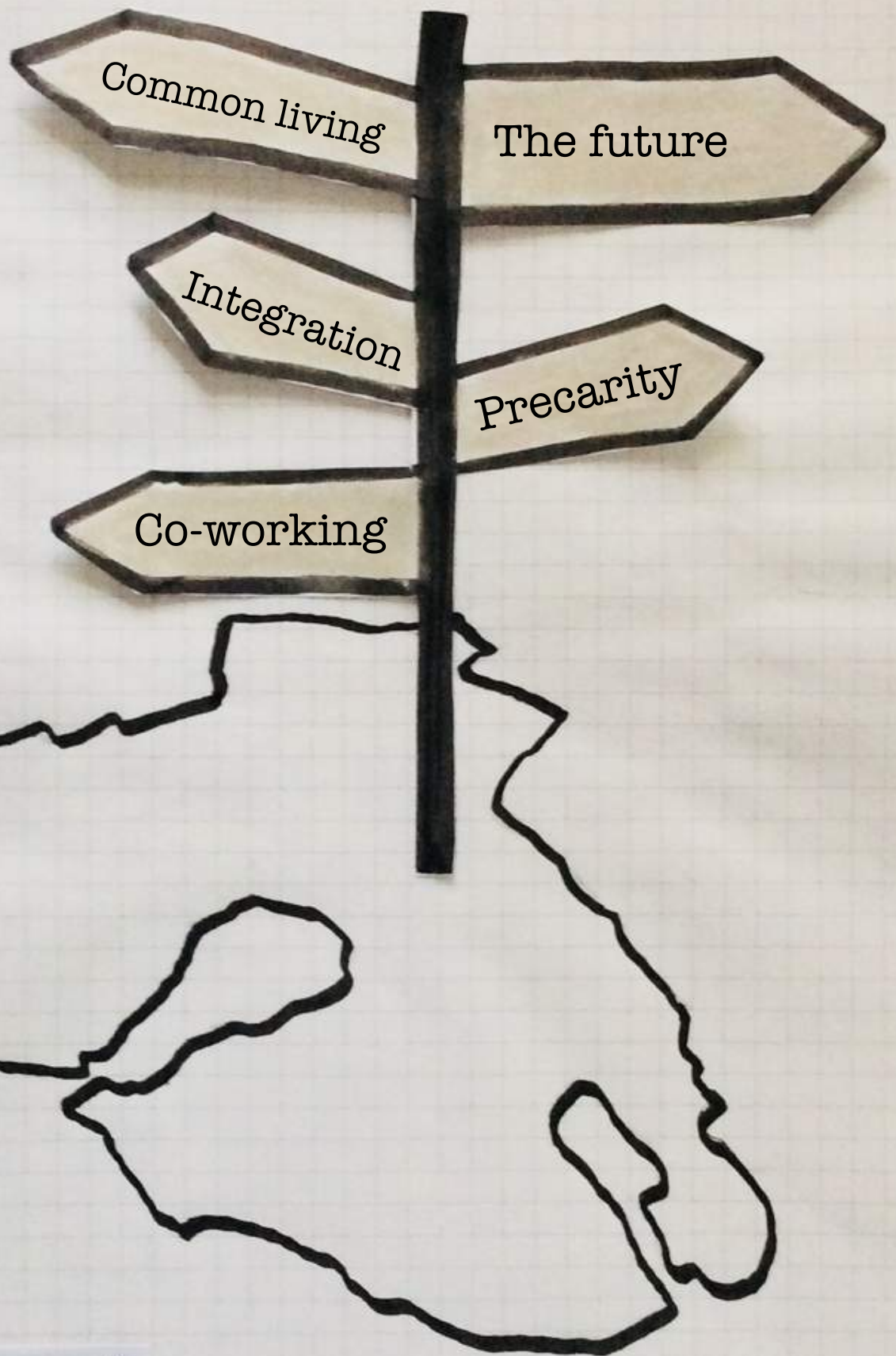
MAPPING OURSELVES

& "activism"

10:00-12:00	'New activism': Creating message from Lesbos meeting I (Falia Koliva & Artemis Fyssa_ANTIGONE)
12:00-12:30	Coffee-break in Tsamakia park
12:30-14:30	Co-traumatization of activists: Institutionalisation & compassion fatigue (Verena Fink_ANTIGONE)
14:30-16:00	'Pic-nic' in Tsamakia park
16:00-21:00	Free time
21:00-22:30	Collaborative Cafenio 'π'



Monday, 28/05



mapping "now"

TOWARDS THE FUTURE

- 10:00-10:30 Bus from city center to 'Kara Tepe' Camp
- 10:30-11:45 Mapping the 'Kara-Tepe'-Camp I:
Visit 'One Happy Family' Community Center
- 12:00-13:30 Mapping the 'Kara-Tepe'-Camp II:
Visit & presentation of the Camp
(Stavros Myrogiannis_Head of the Camp)
- 13:30-14:00 Bus from 'Kara Tepe' Camp to city center
- 14:00-15:30 Collaborative Restaurant 'NaN'
- 16:00-17:30 **Evaluation of the meeting**
(Verena Fink_ANTIGONE)
- 17:30-19:00 **Creating message from Lesvos II**
(Falia Koliva & Artemis Fyssa_ANTIGONE)
- 19:00-20:30 **Mapping TROS now & future:**
Reflexion & ideas for the next meetings
(Naya Tselepi_ANTIGONE)
- 21:00-22:30 Goodbye dinner in 'Bobiras'!!!



...keep your 'blanket' for the future...

One Happy family



www.ohf-lesvos.org

One Happy Family» is a community center on the Greek island of Lesbos. With our center, which is growing steadily and welcomes several hundred people every day, do we fill gaps which have been created by insufficient humanitarian aid and lack of governmental intervention.

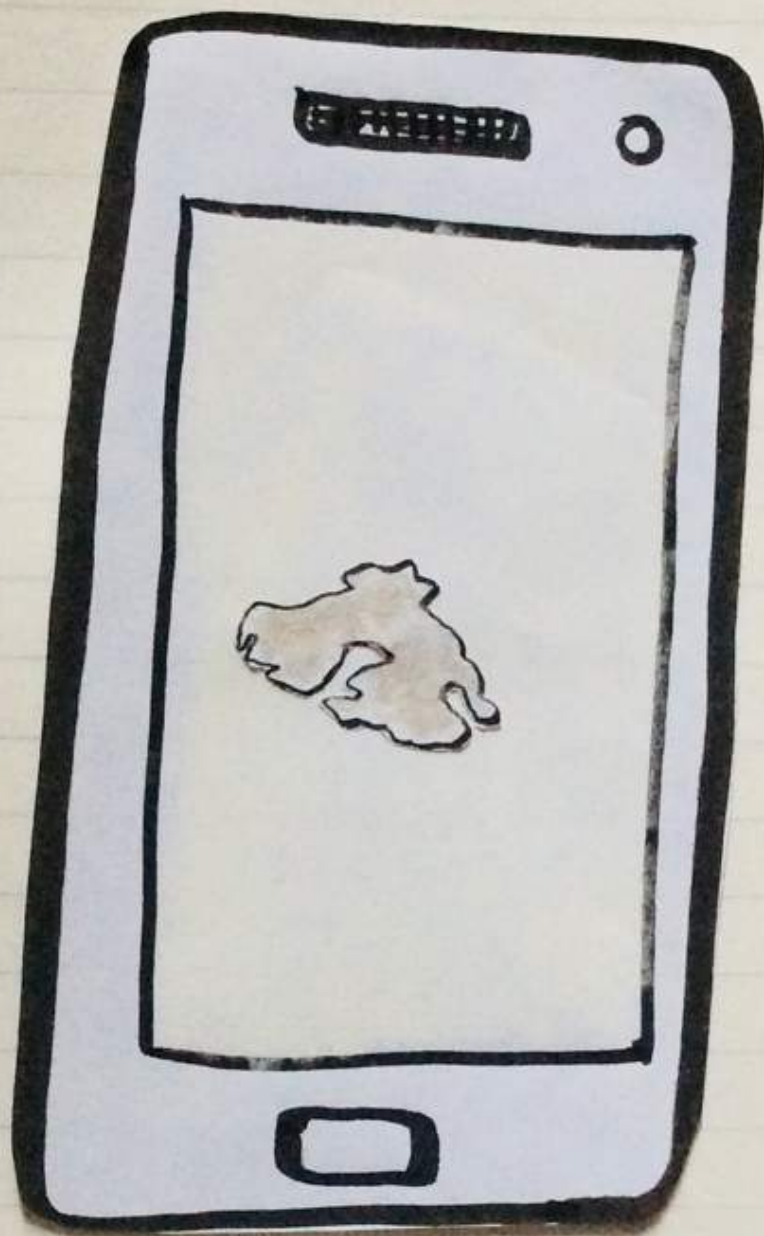
The community center is not being built and run FOR the people, but WITH them. Together with people from different nations, volunteers and fled people, it will become a community. The people from the camps are not only engaged in building and running but also in idea finding and decision making. That's how we want to give them back some independency,

Kara Tepe Refugee Camp

Kara Tepe's refugee camp was established in April, 2015. The goal was to decompress Moria's facilities, therefore 1,000 refugees that had been initially identified and registered there, were transferred to Kara Tepe, on the basis of vulnerability criteria.



Ever since then, the Camp has hosted up to 2,000 refugees of various ethnic backgrounds. Kara Tepe is being run by the municipality with the collaboration of several NGOs that materialize projects of, namely, educational nature; refugee children, starting from preschool, are able to attend courses of Greek and English language, as well as Math and several non-formal education projects. At the same time, collective kitchen and sports activities are being often organized. Kara Tepe appears to be incorporating a different approach in hosting refugees in campsites– one that does not seek to isolate them, but to enable them to come into contact with the local surroundings.



USEFULL ADDRESSES,

INFORMATIONS

& PHONE NUMBERS

Welcome to Lesvos!

Make (no) mistake!

When referring to Lesvos & Mytilene one should bear in mind that it's the same island!

If you want to be more precise, Lesvos is the island & Mytilene is the biggest city.

* DIRECTIONS

From Mytilene International Airport to the city centre & Hotel 'Orfeas'

You can reach the city centre & the 'Orfeas' Hotel via public bus.

There is a public bus stop in front of the terminal building.

Tickets can be purchased inside the bus and cost 2€.

However, a member of the ANTIGONE team will be there to welcome you & provide you with your weekly bus pass!!!

The bus leaves from the airport at 6:40 – 7:40 – 8:40 – 9:00 – 10:00 – 11:00 – 12:00 – 12:30 – 13:10 – 14:00 – 14:30 – 15:00 – 15:30 – 16:20 – 17:00 – 18:30 – 19:30 – 20:30.

You get off at the 'City Center' bus stop.

From there you will walk down Kountouriotou Str. and then make left on a small unnamed street, reaching Komninaki Str.. You make a right turn in Skra Str. and then a left turn on Katsakouli Str.. Hotel 'Orfeas' is on 3, Katsakouli Street.

From Mytilene Port to Hotel 'Orfeas'

You can reach 'Orfeas' Hotel on foot walking 300m up 8th November Str.. You will then encounter Skra Str.. Crossing it you will find yourself on Katsakouli Str..

Hotel 'Orfeas' is on 3, Katsakouli Street.

* ACCOMMODATION

Hotel 'Orfeas'

3, Katsakouli, Mytilini 81100 , T: +30 2252 043466, www.orfeas-hotel.com

* DAILY DUBSISTENCE

ANTIGONE provides meals for the 5 days of meeting plus the 'welcome dinner' on Wednesday 23/5; Breakfast will be the Hotel & Coffee Break, Lunch & Dinner in various friendly places. In case you need more

Breakfast will be served every morning at Hotel 'Orfeas'.

Lunch, Dinner and Coffee Breaks are provided by us in various friendly locations.

We kindly remind you that in case you need extra meals and/or drinks shall you include it in your personal budget!

NAN Restaurant, 29, Komninaki Str.

NAN is a café-restaurant in Mytilini with diverse cuisine, both eastern and Mediterranean, founded by four women with the aim of providing an environment where different cultures can meet, integrate and communicate.

NAN will be our main caterer so make sure you know how to reach it. If you are departing from Hotel 'Orfeas' you will walk down Katsakouli Street and make right on Skra Street. When you reach Komninaki Street make right. NAN is on number 29.

Useful Info, Hacks & Tricks



Throughout the meeting we will cover short or longer distances outside the city of Mytilini (Moria & Kara Tepe camp) and around the island (ie. Sikamia & Molyvos).

We will travel using a public & a private bus service.

A weekly bus pass will be handed to you upon arrival to use for all your public transports!

Some walking is expected, so don't forget to bring comfortable shoes.

When we will arrive in Mytilene it will be summer time, but the weather can be teasing us, so don't forget to put some warm clothes in your suitcase, too!

Between our meetings we will have enough time to relax...under the trees, by the sea...

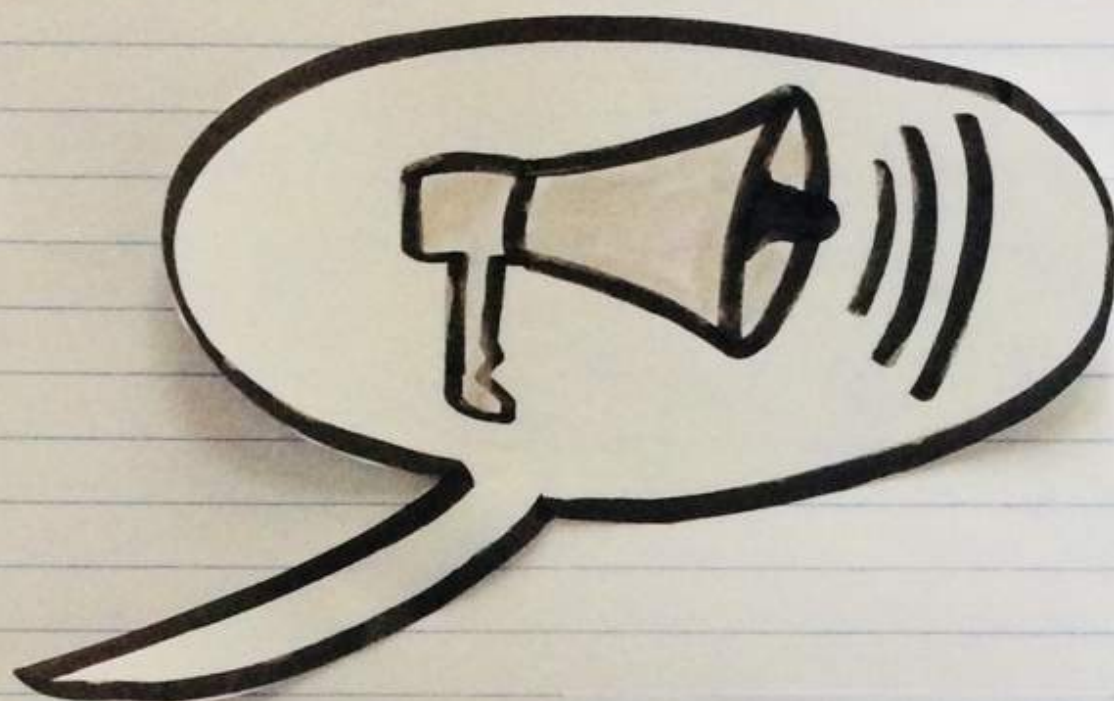
...that's why a pair of flip-flops, a beach towel and a bathing suit is also suggested.

Lastly, if you don't want to look like this....
by the end of our meeting, we suggest
Sunblock, SUNBLOCK, S U N B L O C K
Hat
Sun Glasses





Mytilini



SOME USEFUL

GREEK WORDS

Αα

ALPHA [a]
άλφα

Ββ

BETA [b]
βήτα

Γγ

GAMMA [g]
γάμμα

Δδ

DELTA [d]
δέλτα

Εε

EPSILON [e]
έψιλον

Ζζ

ZETA [z]
ζήτα

Ηη

ETA [ɛ]
ήτα

Θθ

THETA [θ]
θήτα

Ιι

IOTA [i]
ιώτα

Κκ

KAPPA [k]
κάππα

Λλ

LAMBDA [l]
λάμβδα

Μμ

MU [m]
μυ

Νν

NU [n]
νυ

Ξξ

XI [ks]
ξί

Οο

OMICRON [o]
όμικρον

Ππ

PI [p]
πί

Ρρ

RHO [r]
ρά

Σσς

SIGMA [s]
σίγμα

Ττ

TAU [t]
τάυ

Υυ

UPSILON [y]
ύψιλον

Φφ

PHI [f]
φι

Χχ

CHI [x]
χι

Ψψ

PSI [s]
ψι

Ωω

OMEGA [ɔ]
όμειγα

English Phrase	Pronunciation in Greek	Greek
Hello / Goodbye	Y i`a sou (sg.) / Y i`a sas (pl.)	Γειά σου / Γειά σας
Good morning	Kali`mera	Καλημέρα
Good night	Kali`nichta	Καληνύχτα
Thank you	Efchari`sto	Ευχαριστώ
Please	Paraka`lo	Παρακαλώ
I don't know	Then `xero	Δεν ξέρω
Do you speak English?	meela`tay angli`ka	Μλάτε αγγλικά;
What is your name?	Pos se `lene	Πώς σε λένε;
My name is ...	Me `lene	Με λένε
I don't speak Greek	Then mi`laow elleeni`kah	Δε μιλάω ελληνικά
I don't understand	Then kahtahlah`vaeno	Δεν καταλαβαίνω
Yes	Nay	Ναι
No	`Ochi	Όχι
One	`Ena	Ένα
Two	`Theeow	Δύο
Three	`Treeah	Τρία
Four	`Tesseract	Τέσσερα
Five	`Pende	Πέντε
Six	`Exhee	Έξι
Seven	Ep `tah	Επτά
Eight	Och `toe	Οχτώ
Nine	E `neah	Εννέα
Ten	`Deka	Δέκα

Coffee in Greece

Greek coffee (ελληνικό καφέ), made of very finely grounded roasted coffee beans and it has a very strong taste.

Filter coffee, which many times is also called "French coffee". (καφέ φίλτρου OR ένα γαλλικό καφέ).

"Frappe" - (φραπέ). The word frappé comes from the French verb "frapper" which means to 'hit, to shake'.

Cappuccino

Espresso

Freddo, the "cold versions", which you can order by adding the word φρέντο

Plain/black (σκέτο) - half sweet (μέτριο) - sweet (γλύκο)

Some more Greek food and drinks

Ouzo (ούζο): (a.c. 40%) is an anise-flavoured alcoholic aperitif

Krasi - lefko / kokkino (κρασί - λευκό / κόκκινο)

Bira (μπύρα)

Nero (νερό) - water

Koulouri (κουλούρι): a ring of bread sprinkled with sesame seeds

Tiropita (Τυρόπιτα): savory pastry food, made with layers of buttered phyllo and filled with a mixture of cream cheese, cottage cheese, feta cheese and fresh Greek herbs

Telephone numbers of the ANTIGONE team

Naya +30 6974721224

Artemi +30 6945611080

Verena +30 6948716074

Falia +30 6980149828

Vera +30 6979024594



keep on moving...

& we will meet again soon!